## **Adult Art, Music & Jewelry Classes**

### Oil Painting

Enjoy an easy approach to learning the basics of oil painting to create landscapes, seascapes and florals of your choice. Hands on practice sessions on how to see and mix colors, use various brushes and application of line and aerial perspective are covered. Ages 16 and up.

### Please Note:

- · Instructor: Darlene Carman.
- Class held at Community Center.
- A \$15 material fee is payable to the instructor the first day of class.



New to jewelry making and ready to learn? Do you have pieces in your collection you would like to fix or tune up? Whether simple or involved, it can be done in this group-directed workshop on jewelry making and repairing. Ages 12 and up.

#### Please Note:

- Instructor: Rachel Nelson.
- Class held at Community Center.
- Contact instructor before class starts for materials list and discount information at bead store. Call / email: (408) 348-7003 or contact@msrachel.com.

### **Earring Wardrobe**

Have earrings for every outfit and extras for giving as gifts. Learn to make stylish beaded earrings with a couple turns on a jewelry plier and two snips. Come learn this essential technique. Ages 12 and up.

### Please Note:

- Instructor: Rachel Nelson.
- · Class held at Community Center.
- Contact instructor before class starts for materials list and discount information at bead store. Call / email: (408) 348-7003 or contact@msrachel.com.



### **Bead Stringing**

Learn to string beads like a pro! We'll cover several bead stringing techniques and various jewelry-making terms.

Ages 12 and up.

### **Please Note:**

- · Instructor: Rachel Nelson.
- · Class held at Community Center.
- Contact instructor before class starts for materials list and discount information at bead store. Call / email: (408) 348-7003 or contact@msrachel.com.



The Milpitas Community Concert Band begins rehearsing for its 11th season in August and the band is always looking for new members. Rehearsals are held Wednesdays, 7:00-9:00 pm at the Sal Cracolice Building, 540 S. Abel Street. Musicians skilled in woodwind, brass and percussion instruments are invited to join. Members must provide their own instrument and be able to read and play music. New members may join at any time. A variety of family-style concerts and performances are scheduled throughout the year.

Activity Code: #1799.811

Annual Fee: \$40 (\$30 residents)
Ages: 14 and up (minimum 2 full years

playing experience)



## **Registration Begins**

September 4 for Milpitas residents September 18 for non-residents

Be sure to register early. Classes with low enrollments will be cancelled three days before their start dates.

Act.#	<u>Course</u>	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	<b>Location</b>	# Class	Fee(Non-Res/Res)
1934.401	Oil Painting	16+	W	7:00-9:00 pm	Oct 15-Dec 3	MCC	8	\$82 / \$72
1932.401	General Jewelry Workshop	12+	Th	6:00-8:30 pm	Oct 30-Nov 20	MCC	4	\$90 / \$80
1936.401	Bead Stringing	12+	Sat	9:00-12:00 pm	Jan 17	MCC	1	\$50 / \$40
1937.401	Earring Wardrobe	12+	Sat	2:30-5:30 pm	Jan 17	MCC	1	\$50 / \$40

## **Adult Dance & Music**

### **Ballroom Dance**

Beginning levels with introductions to intermediate dances covers all the essentials of ballroom dance such as footwork, timing, style, technique and appearance. Dances taught may include the Waltz, Foxtrot, Rumba, Cha Cha, Eastern Swing, West Coast Swing, Tango, Hustle and others. Ages 18 and up.

### Please Note:

- Instructor: Theresa (Dye) Velazquez.
- Class held at Sal Cracolice Building.
- · Wear ballroom or leather-soled shoes.
- No class held December 25 and January 1.

## NEW!

### **Nightclub Latin Dances**

In Salsa nightclubs we see lots of Salsa and a dash of Merengue, Cha Cha and some Bachata dances. All of these dances are full of passion and excitement. They also have many dance patterns in common. This course provides the basic footwork of each dance and a set of patterns that can be utilized in all four dances. Come as a couple or alone, have fun as you discover the power of latin dances and socialize with new people and energize on the dance floor. Ages 18 and up.

### Please Note:

- Instructor: Kayvon Carun. (musicalmove@yahoo.com)
- Class held at Community Center.
- · Wear comfortable clothing and shoes.
- · No class held November 26.

# Belly Dance: Beginning and Intermediate Levels

Belly Dancing is an excellent way to concentrate on balance, coordination, flexibility, muscle tone, stamina and posture. The Beginning class will introduce warm up moves, basic steps and finger cymbals. The Intermediate class will use all the techniques learned in the Beginning class, plus veil work, spins and transitions from one step to another. Ages 12 and up.

### Please Note:

- · Instructor: Dunia.
- · Class held at Sal Cracolice Building.
- Wear workout clothes and scarf to tie around hips.
- A material fee of \$12 is payable to instructor at first meeting to purchase finger cymbals.
- No class held December 22, 29 and January 19.



# Belly Dance: Advanced Level

This small introduction to advanced belly dancing will develop the final movements of stomach movement, floor work, sword work and stage presence. This class is an extention for those registered in the Intermediate Level who wish to continue further in their dance. Ages 12 and up.

#### Please Note:

- · Instructor: Dunia.
- Class held at Sal Cracolice Building.
- No class held December 22, 29 and January 19.

### **Beginning Classical Guitar**

In only three lessons, you will play four beautiful classical pieces the instructor has adapted for the beginner. No need to read music or sing because you will be playing melody. Ages 11 and up.

### Please Note:

- · Instructor: Joyce Byrne.
- Class held at Community Center.
- Students should bring a guitar, nylon string preferred.

### NEW!

### **Continuing Classical Guitar**

If you've completed the Beginning Classical Guitar class, this class is for you. We will be learning more difficult pieces in the same fashion as before, playing melody. All materials are provided. Ages 11 and up.

### **Please Note:**

- Instructor: Joyce Byrne.
- · Class held at Community Center.
- Students should bring a guitar, nylon string preferred.

Act. #	Course	Age	Day	<u>Time</u>	Date	Location	# Class	Fee(Non-Res/Res)
1531.401	Ballroom Dance	18+	Th	8:00-9:00 pm	Oct 9-Nov 20	Sal	7	\$52 / \$42
1531.402	Ballroom Dance	18+	Th	8:00-9:00 pm	Dec 4-Jan 22*	Sal	6	\$46 / \$36
1532.401	Belly Dance - Beginning	12+	M	6:30-7:30 pm	Oct 6-Nov 24	Sal	8	\$66 / \$56
1532.402	Belly Dance - Beginning	12+	M	6:30-7:30 pm	Dec 1-Jan 26*	Sal	6	\$52 / \$42
1533.401	Belly Dance - Intermediate	12+	M	7:30-8:30 pm	Oct 6-Nov 24	Sal	8	\$66 / \$56
1533.402	Belly Dance - Intermediate	12+	M	7:30-8:30 pm	Dec 1-Jan 26*	Sal	6	\$52 / \$42
1534.401	Belly Dance - Advanced	12+	M	8:30-9:00 pm	Oct 6-Nov 24	Sal	8	\$28 / \$28
1534.402	Belly Dance - Advanced	12+	M	8:30-9:00 pm	Dec 1-Jan 26*	Sal	6	\$21 / \$21
1535.401	Nightclub Latin Dances	18+	W	8:00-9:00 pm	Oct 15-Dec 10*	MCC	8	\$50 / \$40
1722.401	Beginning Classic Guitar	11+	M	6:00-7:00 pm	Oct 6-20	MCC	3	\$75 / \$65
1722.402	Beginning Classic Guitar	11+	M	6:00-7:00 pm	Nov 10-24	MCC	3	\$75 / \$65
1723.401	Continuing Classic Guitar	11+	M	7:00-8:00 pm	Oct 6-20	MCC	3	\$75 / \$65
1723.402	Continuing Classic Guitar	11+	M	7:00-8:00 pm	Nov 10-24	MCC	3	\$75 / \$65
* = See "Please Note" in class description								

## **Adult Special Interest & Fitness**

### Dog Obedience

Have fun with your dog while teaching it to listen! Dogs learn to sit, stay, come, get along with other dogs, go for a walk without pulling and greet people without jumping. Intermediate class is for those wishing to refine beginner skills for show readiness. Ages 18 and up.

### Please Note:

- Instructor: Silicon Valley Dog Club.
- · Class meets at Gill Park Tennis Courts.
- Bring proof of all shots to first class, plus a properly fitted choke chain and a 6' leather leash. No physical abuse of dogs will be allowed.
- Do not feed dogs before class and potty at home. No class held in heavy rain.
- Participants should wear good walking shoes to class.
- It is important to attend the first class due to the amount of information given. Each class builds upon the prior class so consistent attendance is required.
- No class held December 25 and January 1.



### Tai Chi for Fitness 1 & 2

Tai Chi (Chuan) is an ancient Chinese martial art which people exercise for good health and self defense. Movements are performed in continuous slow motion. The Level 1 class focuses on learning Tai Chi movements which promote body balance, weight control, muscle stretch, coordination and relaxation. You will learn and practice the Yang style of Tai Chi with movements synchronized to music. Level 2 is for students who have completed Tai Chi for Fitness 1. The exercise will expand from 64 moves to 86 moves. Yang-style of Tai Chi with movements is synchronized to music. Ages 18 and up.

### **Please Note:**

- · Instructor: Bill Wong.
- · See below for class location.
- Wear comfortable clothing and athletic shoes
- Description and illustration of Tai Chi movements will be distributed in class. A \$1 material fee is payable to instructor at first meeting.
- No class held November 11, 29 and December 6 and 27.

### **Morse Code for Amateur Radio**

Earn Element 1 FCC credit for 5 words-per minute Morse Code. A major step in advancement for Tech with Code, General or Extra class Amateur radio licenses gaining HF privileges. Both receiving and sending will be taught. Ages 8 and up.

### Please Note:

- Instructor: Milpitas Amateur Radio & Electronics Society.
- · Class held at Community Center.
- Students should bring a notebook and pen/pencil to each class.
- · No class held November 26.

# **Body Expression Through Latin Music**

Through Salsa, Son, Merengue-Socka steps and movements, almost every one of your muscles will have movement, gain flexibility and coordination along with working on graceful posture. Enjoy one of the best ways to release stress, to make contact with your own inner rhythm and flow with music. Excellent not only for dancing, but for any physical activity. Ages 18 and up. **Please Note:** 

- Instructor: Eugenia Mendoza Zertuche.
- · Class held at Sal Cracolice Building
- Wear comfortable clothing (it is suggested that women wear low heels and men wear light athletic shoes).
- · No class held November 27.

### No-Code Technician

Have you ever wanted to become a Ham Radio operator, but never knew how to get started? If so, this class is just for you! During this course, students will cover Technician and General Class license and 5 words-per-minute Morse Code. Students may learn Technician, Technician with Morse Code, and/or General Class licenses. FCC exams will be held at the end of the course. Ages 8 and up.

#### Please Note:

- · Instructor: Bill Dale.
- · Class held at Senior Center.
- Required Books: "Now You're Talking,"
  "General Class License Manual," and
  "Code Tapes" which can be purchased
  at Radio Shack, Fry's Electronics, Ham
  Radio Outlet, or with notice, from the
  instructor.
- No class held December 1.

Act. #	Course	Age	<u>Day</u>	<u>Time</u>	<u>Date</u>	<b>Location</b>	# Class	Fee(Non-Res/Res)
3501.401	Dog Obedience - Beginning	18+	Th	7:00-8:00 pm	Oct 2-Nov 20	Gill Pk	8	\$50 / \$40
3502.401	Dog Obedience - Advanced	18+	Th	8:00-9:00 pm	Oct 2-Nov 20	Gill Pk	8	\$50 / \$40
3502.402	Dog Obedience - Advanced	18+	Th	8:00-9:00 pm	Dec 4-Jan 29*	Gill Pk	7	\$45 / \$35
2715.401	Tai Chi For Fitness 1	18+	M/W	9:00-10:00 am	Oct 13-Nov 26*	MCC	14	\$108 / \$98
2715.402	Tai Chi For Fitness 1	18+	M/W	7:00-8:00 pm	Oct 13-Nov 26*	MCC	14	\$108 / \$98
2715.403	Tai Chi For Fitness 1	18+	Sat	10:00-11:00 am	Oct 18-Jan 24*	Sal	12	\$94 / \$84
2716.401	Tai Chi For Fitness 2	18+	Tu/Th	9:00-10:00 am	Oct 14-Dec 4*	MCC	14	\$108 / \$98
1545.401	Body Expression Latin Music	18+	Th	7:00-8:00 pm	Oct 16-Dec 11*	Sal	8	\$66 / \$56
3514.401	Morse Code - Amateur Radio	8+	W	7:00-8:00 pm	Oct 8-Dec 17*	MCC	10	\$35/ \$25
3504.401	No-Code Technician	8+	M	7:00-9:00 pm	Oct 13-Dec 8*	MCC	8	\$35 / \$25

<sup>\* =</sup> See "Please Note" in class description

## **Adult Sport Classes**

### **Beginning Golf**

Learn the game you can play the rest of your life. Classes concentrate on fundamentals, including grips, putting, ball-striking, chipping, rules and etiquette. Also learn how to get the most out of your practice. Ages 16 and up.

### **Please Note:**

- · Instructor: Mark Dorcak and Staff.
- Meets at Spring Valley Golf Course.
- Balls must be purchased at range.
   Arrangements for equipment may be made by calling (408) 956-8381.

### **Fencing**

On guard - Touche! Learn the ancient art of the modern Olympic sport of fencing. Fencing history, form and fitness will be emphasized. Fencing is a co-ed lifetime sport. It is also one of the safest of all sports. We use padded jackets, masks and lightweight flexible foils with rubber tips. Sharpen your mind and tone with your body with the exciting sport of fencing. You will take part in footwork, group exercises, paired drills, fun fencing games and actual fencing bouts. All equipment is supplied. Visit their website at www.calfencingacademy.com.

Ages 13 and up.

### **Please Note:**

- Calif. Fencing Academy Staff.
- Class held at Calif. Fencing Academy, Westgate-West, 5289 F Prospect Rd. (408) 865-1950.
- · Wear athletic clothing and shoes.
- No class held October 11 and November 8.

### **Adult Tennis - Level 1**

These lessons offer a structured introduction to tennis stroke mechanics, rules and basic strategies. These classes are geared to individuals with little or no prior instruction or experience. Students will learn the mechanics of hitting ground strokes, volleys, overheads and serves. When completed, students should be able to maintain a rally with players of similar experience, keep score and understand basic tennis strategies. Ages 16 and up.

### Please Note:

- Instructor: Fremont Tennis Center.
- · Class held at Gill Park.
- Student to Instructor ratio is 8:1.
- Students should bring racquet and tennis balls. Students should wear athletic shoes and comfortable clothing.
- On possible rainout days, call Fremont Tennis at (510) 790-5515.
- · No class held November 30.



## **Registration Begins**

September 4 for Milpitas residents September 18 for non-residents

Be sure to register early. Classes with low enrollments will be cancelled three days before their start dates.

### Ice Skating

This course is for adults who are interested in learning basic ice skating skills. Forward stroking, backward skating, basic turns, stops and the proper way to fall down and get up. This course will give you confidence to glide out on your own. Ages 18 and up. **Please Note:** 

- Instructor: Fremont Iceoplex Staff.
- Class held at Iceoplex-Fremont, 44388 Old Warm Springs Blvd. (510) 490-6621.
- Participants should wear long-sleeves and gloves to protect hands. Free skate rental is included on the day of class.

### **Hockey Skating**

This is an introductory course for beginners and newcomers to hockey. Hockey stops, forward and backward skating are taught, but the game of hockey itself is not covered. Power drills will be introduced. There is no hockey equipment needed. Ages 18 and up. **Please Note:** 

- Instructor: Fremont Iceoplex Staff.
- Class held at Iceoplex-Fremont, 44388 Old Warm Springs Blvd. (510) 490-6621.
- Participants should wear long-sleeves and gloves to protect hands. Free skate rental is included on the day of class.
- Participants will <u>not</u> play the game of hockey in class.

Act.#	Course	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Date</u>	Location	# Class	Fee(Non-Res/Res)
3715.401	Golf - Beginning	16+	Sat	10:00-11:00 am	Oct 4-Nov 1	See Desc.	5	\$135 / \$125
3715.402	Golf - Beginning	16+	Sat	11:00 am-12:00 pm	Oct 25-Nov 22	See Desc.	5	\$135 / \$125
3701.401	Tennis for Adults	16+	Sun	12:00-1:00 pm	Oct 19-Nov 9	Gill Pk	4	\$53 / \$43
3701.402	Tennis for Adults	16+	Sun	12:00-1:00 pm	Nov 16-Dec 14*	Gill Pk	4	\$53 / \$43
3701.403	Tennis for Adults	16+	Sun	12:00-1:00 pm	Jan 4-25	Gill Pk	4	\$53 / \$43
3703.401	Learn to Fence - Teen/Adult	13+	Sat	10:00-11:00 am	Oct 4-25*	See Des.	3	\$85 / \$75
3703.402	Learn to Fence - Teen/Adult	13+	Sat	10:00-11:00 am	Nov 1-22*	See Des.	3	\$85 / \$75
3703.403	Learn to Fence - Teen/Adult	13+	Sat	10:00-11:00 am	Dec 6-20	See Des.	3	\$85 / \$75
3735.401	Ice Skating - Adults	18+	Sat	11:30 am-12:05 pm	Oct 4-Nov 8	Iceoplex	6	\$72 / \$62
3735.402	Ice Skating - Adults	18+	Sat	11:30 am-12:05 pm	Dec 6-Jan 10	Iceoplex	6	\$72 / \$62
3736.401	Hockey Skating - Adults	18+	Sat	11:30 am-12:05 pm	Oct 4-Nov 8	Iceoplex	6	\$72 / \$62
3736.402	Hockey Skating - Adults	18+	Sat	11:30 am-12:05 pm	Dec 6-Jan 10	Iceoplex	6	\$72 / \$62

<sup>\* =</sup> See "Please Note" in class description